

Cook (Prep Cook)

Do you have one year of prep/line cook experience?

Join the dedicated team of professionals at The Redwoods, a vibrant non-profit, multi-level retirement facility located in beautiful Mill Valley California. The organization's mission is to provide and maintain a creative, affordable community that promotes good health, well-being and security for a diverse group of elders.

Why the Redwoods?

- Dining Program committed to creating and serving a varied menu of quality foods
- All new kitchen and refurbished dining room
- Competitive Pay and Benefits
- Staff training, development, and great team of co-workers
- Flexibility with varied shift options (on-call positions)

Available now:

- **On-call positions or short-hour** (regular shifts less than 20 hours per week)
 - Weekdays and weekends – great fit for employees wanting flexibility, 2nd job

Plus – Able to apply for periodic openings of regular part-time and full-time positions with fixed schedules and excellent benefits

COOK – POSITION SUMMARY

Prepare and cook foods, including therapeutic diets for seniors, and direct other Food Service employees engaged in food preparation. Must be able to adhere to recipes and food handling standards.

We are looking for dependable employees with a commitment to doing a great job and providing excellent customer service.

TO APPLY

EMAIL: Apply by reply/email with resume.

FAX: (415) 383-0115 Attention - Human Resources

Or apply in-person at The Redwoods: 40 Camino Alto, Mill Valley, CA 94941

QUALIFICATIONS

- A minimum of 1-2 years of experience as a Cook, line or prep
- Prior convalescent/hospital food preparation experience preferred.
- Must be able to interpret and follow established procedures.

- Excellent interpersonal skills to deal effectively with residents and staff.
- The ability to establish effective working relationships.
- Must work well with others and as a team player.
- Ability to communicate effectively.
- Ability to stand and/or walk up to 90% of the work time.
- The ability to perform routine repetitive tasks with minimal supervision.
- Ability to use equipment and tools properly and safely.
- Aptitude for performing all sanitary related tasks.
- Commitment to performing with high quality standards.
- Ability to maintain on time regular attendance practices.
- Ability to establish and maintain effective working relationships with co-workers.

Background Check: Employees are required to pass DOJ fingerprint clearance, a pre-employment physical and annual TB clearance.

PHYSICAL REQUIREMENTS and WORK ENVIRONMENT

Reasonable accommodations may be made to enable individuals with disabilities to perform the essential functions. Work is moderate to heavy and may involve frequent lifting of objects weighing up to ten (10) pounds, with occasional lifting of heavy equipment or food supplies, weighing up to fifty (50) pounds or more. Work requires frequent walking, bending, reaching, twisting and crouching. Work conditions include exposure to heat, humidity, steam, cooking odors, refrigerator temperatures and wet floors.

Work conditions include:

- Enclosed areas of preparation where there is heat from steam table and refrigerator motors.
- Work with sharp knives and very hot food.

The Redwoods is an equal opportunity employer. Organization policy prohibits unlawful discrimination based on race, color, creed, gender (including gender identity and gender expression), religion (all aspects of religious beliefs, observance or practice, including religious dress or grooming practices) marital status, registered domestic partner status, age, national origin (includes language use and possession of a driver's license issued to persons unable to prove their presence in the United States is authorized under federal law), ancestry, physical or mental disability, medical condition (including cancer or a record or history of cancer, and genetic characteristics), sex (including pregnancy, childbirth, breastfeeding or related medical condition), genetic information, sexual orientation, military and veteran status or any other consideration made unlawful by federal, state, or local laws.