



Weekly Lunch Menu III

Week of Sun., June 18 through Sat., June 24, 2017

Sunday

Mushroom and Barley Soup

Spinach Salad w/ Mushrooms

Chopped Egg, Red Onion

Chicken Enchilada

Tuna Salad & Fresh Vegetable

Chayote Squash and Peppers

Fresh Tortilla Chips

Peanuts Butter Cookies

Tuesday

Chicken Noodle Soup

House Green Salad w/ Parmesan

Olives, Artichoke & Croutons

Black Forest Ham & Brie Sandwich

Sloppy Joe

Peas and Carrots

American Macaroni Salad

Banana Parfait

Thursday

Split Pea Soup

Mix Greens Salad w/

Goat Cheese, Apples, Toasted Almonds

BBQ Chicken

Taco Salad Bar

Roasted Squash w/ Kale

Corn on the Cob

Chocolate Banana Bread

Saturday

Cheddar Soup

House Greens Salad w/ Carrots, Cucumber, Tomatoes

French Dip Sandwich

Shrimp Louie

Coleslaw

French Fries

Old Fashion Stone Fruit

Monday

Five Onion Soup

Mix Greens w/

Tomatoes, Fresh Mozzarella & Basil

Bratwurst with Onions

Shrimp Caesar Salad

Roasted Button Mushrooms

Mashed Potatoes

Brownies

Wednesday

Minestrone Soup

Iceberg Wedge w/

Blue Cheese, Bacon & Tomatoes

Turkey Reuben Sandwich

Vegetarian Cobb Salad

Cardamom Cauliflower

Onion Rings

Sugar Cookies

Friday

New England Clam Chowder

Spinach Salad w/ Strawberries

Toasted Walnuts, Feta Cheese

Chicken Fajita Salad

Italian Vegetable Casserole

Green Beans

White Rice

Ice Cream Bar



Weekly Dinner Menu III

Week of Sun., June 18 through Sat., June 24, 2017

Sunday

Vegetable Soup
Spinach Salad w/ Mushrooms
Chopped Eggs, Red Onion
Bistro Steak w/ Tarragon
Bernaise Sauce
Herb Crusted Pacific Cod Filet
Green Beans
Mashed Potatoes
Tiramisu

Tuesday

Cream of Watercress Soup
House Greens Salad w/ Parmesan
Olives, Artichoke & Croutons
Thai Basil Shrimp Stir Fry
Moroccan Chicken
Roasted Beets
Spiced Couscous w/ Nuts
Pear Cake w/ Praline Topping

Thursday

Carrot Ginger Apple Soup
Mix Greens w/
Goat Cheese, Apples, Toasted Almonds
Braised Lamb Shank
Stuffed Portabella w/ Spinach & Red Pepper
Broccoli w/ Sundried Tomato
Mashed Potatoes
Assorted Dinner Roll
Apple Pie

Saturday

Navy Bean Soup
House Greens Salad w/ Carrots, Cucumber, Tomatoes
Grilled Steak w/ Parsley Sauce
Chicken Marsala
Cauliflower
Potato Gratin
Focaccia
Iced Brownies

Monday

Chicken Chili
Mix Greens w/ Tomatoes,
Fresh Mozzarella & Basil
Fried Chicken Leg & Thigh
Roasted Pork Loin BBQ Rub
Grilled Vegetables
Cheese Grits
Buttermilk Biscuit
Peach Crisp

Wednesday

Beef & Vegetable Soup
Iceberg Wedge w/
Blue Cheese, Bacon & Tomatoes
Tilapia Almandine
Sun-Dried Tomato Chicken Pasta
Italian Vegetable
White Rice
Whole Wheat Roll
Cheesecake

Friday

Asparagus Soup
Spinach Salad w/ Strawberries,
Toasted, Walnuts, Feta Cheese
Poached Salmon
Spaghetti Bolognese
Sautéed Red Chard
French Bread
Pound Cake w/ Berries