



**Weekly Lunch Menu IV**  
**Week of Sun., July 23 through Sat., July 29, 2017**

**Sunday**

Sweet Potato Bisque  
Spinach Salad w/ Mushrooms  
Chopped Eggs & Red Onions  
Mediterranean Platter w/ Hummus  
Baked Fish  
Lemon Thyme Carrots  
Lentil Couscous  
Ice Cream w/ Chocolate Sauce

**Tuesday**

Cream of Cauliflower Soup  
House Greens Salad w/ Parmesan,  
Olives, Artichoke & Croutons  
Tomatoes & Croutons  
Turkey Enchilada Verde  
Broccoli & Feta Pasta Salad  
Sautéed Kale  
Black Beans  
Jell-O Fruit and Whipped Cream

**Thursday**

Tortilla Soup  
Mix Greens Salad w/  
Goat Cheese, Apples, Toasted Almonds  
Summer Squash Quesadilla  
with Pico De Gallo  
Turkey Waldorf Salad  
Roasted Corn  
Spanish Rice  
Ice Cream Cone

**Monday**

Greek Chicken Soup  
Mix Greens w/  
Tomatoes, Fresh Mozzarella & Basil  
Mango Jerk Chicken  
Roast Beef w/ Dijon on Kaiser Roll  
Roasted Beets  
Saffron Rice  
Blueberry Pie

**Wednesday**

Italian Wedding Soup  
Iceberg Wedge w/ Blue Cheese  
Bacon & Tomatoes  
Rueben Sandwich  
Chicken Salad on Croissant  
Fresh Green Beans  
Steak Cut French Fries  
Chocolate Chip Cookies

**Friday**

Fish Chowder Soup  
Spinach Salad w/ Strawberries  
Toasted Walnuts, Feta Cheese  
Crab Cake Sandwich w/ Garlic Aioli  
Praline Wedge Salad  
Roasted Parsnips  
Sweet Potato Fries  
Rice Pudding

**Saturday**

Harvest Soup  
House Greens Salad w/ Carrots, Cucumber, Tomato  
Turkey Meatballs w/ Tomato Basil Sauce  
Mediterranean Chicken Salad  
Fresh Braised Greens  
Whole Grain Spaghetti  
Roasted Pears w/ Pecans



## Weekly Dinner Menu IV

Week of Sun., July 23 through Sat., July 29, 2017

### Sunday

Cream of Broccoli Soup  
Spinach Salad w/ Mushrooms,  
Chopped Eggs & Red Onion  
Roast Turkey Breast  
Glazed Ham  
Green Bean Almandine  
Garlic Mashed Potatoes  
Whole Wheat Roll  
Carrot Cake

### Tuesday

Tomato Basil Soup  
House Greens Salad w/ Parmesan  
Olives, Artichoke & Croutons  
Shrimp Scampi  
Basil and Garlic Chicken  
Broccoli with Garlic & Chilies  
White Rice  
Whole Wheat Roll  
Angel Food Cake w/ Fresh Berries

### Thursday

Beef Barley Soup  
Mix Greens Salad w/  
Goat Cheese, Apples & Toasted Almonds  
Prime Rib  
Pan Seared Salmon  
Creamed Spinach  
Mashed Potatoes  
Garlic Toast  
Chocolate Frosted Cake

### Monday

Black Bean Soup  
Mix Greens w/ Tomatoes  
Fresh Mozzarella & Basil  
Garlic Rosemary Pork Loin  
Baharat Stuffed Portobello  
Sautéed Spinach  
Roasted Potatoes  
Ciabatta Roll  
Flan

### Wednesday

Cream of Chicken Soup  
Iceberg Wedge w/ Blue Cheese  
Bacon & Tomatoes  
Braised Beef Pot Roast  
Creole Fish Fillets  
Steamed Carrots  
Faro Risotto  
French Petite Roll  
Peach Cobbler

### Friday

Golden Mushroom Soup  
Spinach Salad w/ Strawberries  
Toasted Walnuts, Feta Cheese  
Stuffed Bell Pepper  
Chicken Cacciotore  
Peas and Pearl Onions  
Fusilli Pasta  
Dinner Roll  
Peach Melba Trifle w/ Raspberry

### Saturday

Miso and Scallion Soup  
House Greens Salad w/ Carrots,  
Cucumber, Tomato  
Teriyaki Chicken  
Eggplant Parmesan  
Broccolini  
Vegetable Fried White Rice  
Whole Wheat Roll  
Apple Crisp