

THE REDWOODS WEEKLY CALENDAR

WEEK OF SUN., May 21, THROUGH SAT., May 27, 2017

<u>SUNDAY, May 21</u>		
9:00a	Church Loops	BUS
2:00p	Red Loop - Mill Valley/Strawberry	BUS
4:30p	MV Chamber Music	BUS
6:35p	Candlelight Peace Vigil	2/4L

<u>MONDAY, May 22</u>		
7:30a	Whole Foods Donation	BLDG 10/12
10:00a	Green Loop - Bon Air/Larkspur	BUS
10:00a	Play Reading & Discussion	2/4L
10:15a	Exercise Tape	AUD
10:15a	Rhythm & Balance with Torri	PCU
11:15a	Strength Training with Erik	AUD
1:00p	Joy Thru Movement with Richard	AUD
1:30p	Monday Movie Matinee: "Norman: The Moderate Rise and Tragic Fall of a New York Fixer"	BUS
2:15p	Seniors for Peace Pre-Agenda Meeting	AUD
3:00p	Seniors for Peace Presents: Kelly Bates Finding Personal Peace	AUD
4:00p	Bingo	PCU
5:30p	Creative Writing with Tom	2/4L
7:15p	Eckhart Tolle Discussion Group	PCU

<u>TUESDAY, May 23</u>		
8:45a	Meditation: Quiet Together with Jody	2/4L
9:15a	MV Community Center Drop-Off	BUS
10:00a	South Marin Medical	BUS
10:00a	Exercise with Donna	AUD
10:00a	Chair Yoga with Rayner	PCU
10:45a	Watercolor Class with Heather	PCU
1:30p	Yiddish Conversation Group	2/4L
2:00p	Collage Workshop	PCU
2:30p	Growing in the Garden	GAR
3:00p	The Redwoods Drumming Group	2/4L
7:15p	Ross Commons Jazz and Showtunes	AUD

<u>WEDNESDAY, May 24</u>		
9:00a	Northern Marin Medical Appointments	BUS
10:00a	Purple Loop - Northern Marin	BUS
10:00a	Exercise with Donna	AUD
11:00a	Men's Group	4/6L
11:00a	Exercise with Donna	PCU
11:00a	Poetry Corner	BLDG 11/3rd Flr
1:15p	Revitalization Update Meeting	AUD
1:30p	French Conversation Group	DR
2:00p	Coffee Hour	DR
2:00p	Red Loop - Mill Valley/Strawberry	BUS
2:00p	Crossword Puzzle with Lindsay	PCU
2:30p	Rock the Ages Rehearsal	AUD
4:00p	Mid-Week Meditation Circle	2/4L
4:00p	Literary Corner	PCU
6:00p	Wednesday Movie Night: "Passengers"	PCU
7:15p	Seniors for Peace Theater: "The Milagro Beanfield War"	AUD

<u>THURSDAY, May 25</u>		
10:00a	Yoga with Mary Nishifue	AUD
10:00a	Searching for Meaning	2/4L
10:00a	Exercise Class with Carl	PCU
10:30a	Harvest with Fiona	GAR
11:30a	Strength Training with Erik	AUD
12:00p	Garden Produce Stand	GAR
1:30p	NY Times Discussion Group	PCU
2:15p	Health Talks: Medication Safety for Seniors	AUD
3:00p	Art in the Garden	GAR
4:00p	Interspiritual and Human Inquiry	2/4L
6:00p	Computer Class Sign Up	10/12L
7:00p	Computer Class Drop In	10/12L
7:00p	Bingo Night	PCU
7:15p	Sonic Forest Trio Oboe, violin and upright bass	AUD

<u>FRIDAY, May 26</u>		
9:00a	Impaq Strength & Flexibility with Carl	AUD
9:00a	Southern Marin Medical Appointments	BUS
10:00a	Our Lady of Mt. Carmel Catholic Mass	2/4L
10:00a	Rhythm and Balance with Torri	AUD
10:00a	Drum Fit Class	PCU
10:00a	Purple Loop - Northern Marin	BUS
11:00a	Gentle Chair Yoga with Rayner	AUD
1:00p	Parkinson's Group	13/15L
1:15p	Improve your Balance with Erik	AUD
2:00p	Green Loop - Bon Air/Larkspur	BUS
2:00p	Parkinson's Caregiver Support Group	2/4L
2:00p	Friday Social	PCU
2:00p	SFP Planning Meeting	4/6L
4:00p	Peace Demonstration	MILLER
5:30p	Temple Rodef Sholom	BUS
7:15p	Friday Film Classics: "The Bridges of Madison County"	AUD

<u>SATURDAY, May 27</u>		
9:00a	Yoga with Mary Nishifue	AUD
9:30a	Meditation Group with Martha & Lee	13/15L
10:00a	Green Loop - Bon Air/Larkspur	BUS
10:00a	Joy thru Movement with Richard	PCU
10:15a	Exercise Tape	AUD
11:15a	Strength Training with Erik	AUD
2:00p	Scenic Drive, Santa Venetia	BUS
7:15p	Saturday Night Film: "Notes on a Scandal"	AUD

SPOTLIGHT		
Ross Commons Jazz and Showtunes Tuesday, 7:15 pm, Auditorium		
Sonic Forest Trio Oboe, Violin and upright Bass Thursday, 7:15 pm, Auditorium		

There are times we have to cancel classes or events for various reasons. Vacations or illnesses will often result in cancellations. The class or event is left on the calendar with the notation to reflect the current week only and it will resume in the future.