

PCU Calendar May 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 10:15 Rhythm & Balance w/Torri 2:00 Garden 4:00 BINGO	2 10:00 Chair Yoga w/Rayner 2:00 Collage	3 11:00 Exercise w/Donna 2:00 Crossword 4:00 Literary Corner 6:00 Movie Night	4 10:00 Exercise w/Carl 1:30 NY Times Discussion	5 10:00 Drum Fitness 2:00 Happy Hour	6 10:00 Joy Through Movement w/Richard
7 2:00 Movie Matinee	8 10:15 Rhythm & Balance w/Torri 1:30 Scenic Drive 4:00 BINGO	9 10:00 Chair Yoga w/Rayner 2:00 Collage	10 11:00 Exercise w/Donna 2:00 Crossword 4:00 Literary Corner 6:00 Movie Night	11 10:00 Exercise w/Carl 1:30 NY Times Discussion	12 10:00 Drum Fitness 2:00 Happy Hour w/Joe Tate	13 10:00 Joy Through Movement w/Richard
14 2:00 Movie Matinee	15 10:15 Rhythm & Balance w/Torri 2:00 Garden 4:00 BINGO	16 10:00 Chair Yoga w/Rayner 2:00 Collage	17 11:00 Exercise w/Donna 2:00 Resident Council 4:00 Literary Corner 6:00 Movie Night	18 10:00 Exercise w/Carl 1:30 NY Times Discussion	19 10:00 Drum Fitness 2:00 Happy Hour w/Sausalito Slim	20 10:00 Joy Through Movement w/Richard
21 2:00 Movie Matinee	22 10:15 Rhythm & Balance w/Torri 2:00 Garden 4:00 BINGO	23 10:00 Chair Yoga w/Rayner 2:00 Collage	24 11:00 Exercise w/Donna 2:00 Crossword 4:00 Literary Corner 6:00 Movie Night	25 10:00 Exercise w/Carl 1:30 NY Times Discussion	26 10:00 Drum Fitness 2:00 May Birthday Party	27 10:00 Joy Through Movement w/Richard
28 2:00 Movie Matinee	29 10:15 Rhythm & Balance w/Torri 2:00 Garden 4:00 BINGO	30 10:00 Chair Yoga w/Rayner 2:00 Collage	31 11:00 Exercise w/Donna 2:00 Crossword 4:00 Literary Corner 6:00 Movie Night			

Quote for May:

Emily Dickinson

"The sun just touched the morning; The morning, happy thing,
Supposed that he had come to dwell, and life would be all spring."
