

PCU Calendar July 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 10:00 Joy Through Movement w/Richard
2 2:00 Movie Matinee	3 10:15 Rhythm & Balance w/Torri 2:00 Garden w/Fiona 4:00 BINGO	4 4 th of July PROGRAMS CANCELLED	5 11:00 Exercise w/Donna 2:00 Crossword 6:00 Movie Night	6 10:00 Exercise w/Carl 1:30 NY Times Discussion	7 10:00 Drum Fitness CANCELLED	8 10:00 Joy Through Movement w/Richard
9 2:00 Movie Matinee	10 10:15 Rhythm & Balance w/Torri 1:30 Scenic Drive 4:00 BINGO	11 10:00 Chair Yoga w/Rayner 10:45 Art w/Heather 2:00 Collage	12 11:00 Exercise w/Donna 2:00 Crossword 6:00 Movie Night	13 10:00 Exercise w/Carl 1:30 NY Times Discussion	14 10:00 Drum Fitness	15 10:00 Joy Through Movement w/Richard
16 2:00 Movie Matinee	17 10:15 Rhythm & Balance w/Torri 2:00 Garden w/Fiona 4:00 BINGO	18 10:00 Chair Yoga w/Rayner 10:45 Art w/Heather 2:00 Collage	19 11:00 Exercise w/Donna 2:00 Resident Council 6:00 Movie Night	20 10:00 Exercise w/Carl 1:30 NY Times Discussion	21 10:00 Drum Fitness	22 10:00 Joy Through Movement w/Richard
23 2:00 Movie Matinee	24 10:15 Rhythm & Balance w/Torri 2:00 Garden w/Fiona 4:00 BINGO	25 10:00 Chair Yoga w/Rayner 10:45 Art w/Heather 2:00 Collage	26 11:00 Exercise w/Donna 2:00 Crossword 6:00 Movie Night	27 10:00 Exercise w/Carl 1:30 NY Times Discussion	28 10:00 Drum Fitness	29 10:00 Joy Through Movement w/Richard
30 2:00 Movie Matinee	31 10:15 Rhythm & Balance w/Torri 2:00 Garden w/Fiona 4:00 BINGO					

F. Scott Fitzgerald

"And so with the sunshine and the great bursts of leaves growing on the trees, just as things grow in fast movies, I had that familiar conviction that life was beginning over again with the summer."

Quote for July: