









Health Care Center Programs ~ September 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>By all these lovely tokens September days are here, with summer's best of weather and autumn's best of cheer.</p> <p style="text-align: center;">~Helen Hunt Jackson</p>					<p>1 9:30 Coffee Social  10:00 Current Events 10:45 Rhythm and Balance 1:30 Literary Corner 2:30 Quiet Time 3:00 Rita Abrams 6:30 Movie Night</p>	<p>2 9:30 Coffee Social 10:30 Stretch & Tone 1:30 Relaxation 2:30 Quiet Time 3:00 Trivia 6:30 Movie Night</p>
<p>3 9:30 Coffee Social 10:00 NY Times (Petit Café) 10:00 Walk About 1:30 Church Service 2:30 Quiet Time 3:15 Balloon Kickball 6:30 Movie Night</p>	<p>4 Labor Day 9:15 Jill and Shasta 9:30 Coffee Social 10:30 Exercise with Carl 1:30 Labor Day History 2:30 Quiet Time 3:00 Sing along jukebox 6:30 Movie Night</p>	<p>5 9:30 Art with Heather 1:30 Sports and Movement 2:30 Quiet Time 3:00 Bingo 6:30 Movie Night</p>	<p>6 9:30 Coffee Social  10:30 Exercise with Carl 1:30 Sensory Group 2:30 Quiet Time 3:00 Music w/Lindsay 5:00 Dinner Music with Si 6:30 Movie Night</p>	<p>7 10:00 Music with Babies  1:15 Breathe & Stretch 2:30 Quiet Time 3:00 Flower Arranging 6:30 Music with Jimi James</p>	<p>8 9:30 Coffee Social 10:00 Current Events 10:45 Rhythm and Balance 1:30 Picture Presentation 2:30 Quiet Time 3:00 Happy Hour 6:30 Movie Night</p>	<p>9 9:30 Coffee Social 10:30 Stretch & Tone 1:30 Relaxation 2:30 Quiet Time 3:00 Trivia 6:30 Movie Night</p>
<p>10 Grandparent's Day 9:30 Coffee Social 10:00 NY Times (Petit Café) 10:00 Walk About 1:30 Church Service 2:30 Quiet Time 3:15 Balloon Kickball 6:30 Movie Night</p>	<p>11 9:15 Jill and Shasta 9:30 Coffee Social 10:30 Exercise with Carl 1:30 Table Talk 2:30 Quiet Time 3:30 Poetry w/Phil 6:30 Movie Night</p>	<p>12 9:30 Art with Heather 1:30 Sports and Movement 2:30 Quiet Time 3:00 Bingo 6:30 Movie Night</p>	<p>13 9:30 Coffee Social  10:30 Exercise with Carl 1:30 Sensory Group 2:30 Quiet Time 3:15 Drum fitness 5:00 Dinner Music with Si 6:30 Movie Night</p>	<p>14 10:00 Music with Babies 1:15 Tai Chi w/Al 2:30 Quiet Time 3:00 Flower Arranging 6:30 Movie Night</p>	<p>15 9:30 Coffee Social 10:00 Current Events 10:45 Rhythm and Balance 1:30 Literary Corner 2:30 Quiet Time 3:00 Resident Council 6:30 Movie Night</p>	<p>16 9:30 Coffee Social 10:30 Stretch & Tone 1:30 Relaxation 2:30 Quiet Time 3:00 Trivia 6:30 Movie Night</p>
<p>17 9:30 Coffee Social 10:00 NY Times (Petit Café) 10:00 Walk About 1:30 Church Service 2:30 Quiet Time 3:15 Balloon Kickball 6:30 Movie Night</p>	<p>18 9:15 Jill and Shasta 9:30 Coffee Social 10:30 Exercise with Carl 1:30 Creative Writing 2:30 Quiet Time 3:00 Garden w/Fiona 6:30 Movie Night</p>	<p>19 9:30 Art with Heather 1:30 Moving into the Circle 2:30 Quiet Time 3:00 Bingo 6:30 Movie Night</p>	<p>20 9:30 Coffee Social  10:30 Exercise with Carl 1:30 Sensory Group 2:30 Quiet Time 3:00 Music w/Lindsay 5:00 Dinner Music with Si 6:30 Movie Night</p>	<p>21 10:00 Music with Babies 1:15 Tai Chi w/Al 2:30 Quiet Time 3:00 Flower Arranging 6:30 Movie Night</p>	<p>22 First Day of Fall 9:30 Coffee Social  10:00 Current Events 10:45 Rhythm and Balance 1:30 Picture Presentation 2:30 Quiet Time 3:00 Sausalito Slim 6:30 Movie Night</p>	<p>23 9:30 Coffee Social 10:30 Stretch & Tone 1:30 Relaxation 2:30 Quiet Time 3:00 Trivia 6:30 Movie Night</p>
<p>24 9:30 Coffee Social 10:00 NY Times (Petit Café) 10:00 Walk About 1:30 Church Service 2:30 Quiet Time 3:15 Balloon Kickball 6:30 Movie Night</p>	<p>25 9:15 Jill and Shasta 9:30 Coffee Social 10:30 Exercise with Carl 1:30 Word Games 2:30 Quiet Time 3:30 Poetry w/Phil 6:30 Movie Night</p>	<p>26 9:30 Art with Heather  1:30 Bread & Roses 2:30 Quiet Time 3:00 Bingo 6:30 Movie Night</p>	<p>27 9:30 Coffee Social  10:30 Exercise with Carl 1:30 Sensory Group 2:30 Quiet Time 3:00 HCC Birthday Party 5:00 Dinner Music with Si 6:30 Movie Night</p>	<p>28 10:00 Music with Babies 1:15 Tai Chi with Al 2:30 Quiet Time 3:00 Flower Arranging 6:30 Movie Night</p>	<p>29 9:30 Coffee Social 10:00 Current Events 10:45 Rhythm and Balance 1:30 Literary Corner 2:30 Quiet Time 3:00 Music w/Lindsay 6:30 Movie Night</p>	<p>30 9:30 Coffee Social 10:30 Stretch & Tone 1:30 Relaxation 2:30 Quiet Time 3:00 Trivia 6:30 Movie Night</p>